

Rustic Table`s Mediterranean Tapas Menu

Gordal Olives (GF)	£4.75	4Veg 4Ways (VEG/GF)	£8.50
These Gordal olives are tinned in brine with guindilla chilli – giving the olives a slight hot kick.		Marinated Bell peppers, Steamed asparagus with vegan basil mayo, Roasted beetroot with rosemary, Sous vided leek with thyme & ginger then pan-fried with agave & lemon juice	
Sourdough Bread Board (VEG)	£6.50	Salantourmasi (VEG/GF)	£7.50
Made by the Lavender Micro Bakery in Quinton from 100% organic flour, served warm with olive oil and balsamic vinegar		Greek stuffed onions with rice cooked in a rich tomato sauce seasoned with cumin and pine nuts	
Padron Peppers (VEG/GF)	£6.50	Spanish Tortilla (V/GF)	£6.00
Pan fried in olive oil and sprinkled with sea salt flakes...there is a small chance you will find a hot one		Served with aioli	
Spanish Chicken	£8.50	Fried Halloumi (V)	£7.00
Chicken thigh fillets baked with Salsa Brava & Black olives, served with toasted sourdough bread (GF option available)		Served with quince jelly	
Pulled Beef Short Rib (GF)	£9.00	Halloumi & Figg Salad (V/GF)	£7.50
Served on a bed of fried potatoes		Served with Rocket & Herby dressing	
Greek pork belly skewers (GF)	£8.50	Mango & Feta Salad (V/GF)	£7.00
Sous vide for 12 hours and grilled to perfection, served with Tzatziki		Served with fresh pomegranate seeds	
Lamb kofta (GF)	£8.00	Croquetas	
Served with Tzatziki		Fried Bechamel sauce fritters with:	
Spanish Mini Chorizo (GF)	£8.00	Ham with aioli	£6.50
Cooked with Calvados and Maple syrup		Mushroom (V) with aioli	£6.50
Lasagne	£8.00	Chorizo with aioli	£6.50
Made entirely from scratch...even the pasta, classic and traditional Italian favorite		Cod with aioli	£6.50
Prawn Pil-Pil (GF)	£8.50	Arancini	
Prawns cooked in olive oil garlic and chili		Traditional Italian risotto balls, stuffed, coated with panko breadcrumbs and deep fried	
Portuguese Fishcakes	£8.00	Mushroom (V)	£7.50
Made with Cod, served with Homemade Tartare sauce		served with cheesy mushroom sauce	
Extra portion of Sourdough Bread	£2.00	Veal & Pork Ragu	£8.50
Extra portion of Gluten free Bread	£2.00	Served with Parmigiano Reggiano and Bechamel sauce	
Extra portion of Olive oil & Balsamic glaze	£1.50	Pan fried Aubergine & Peccorino	£8.00
		Served with Pesto	
		Patatas Bravas (VEG/GF) served with Salsa Brava	£5.50
		Fries (VEG/GF)	£3.50
		Sweet potato Fries (VEG/GF)	£4.00

V- Vegeterian, VEG- Vegan, GF- Gluten Free

If you have an allergy please let us know and our manager will take your order personally, also please make sure you read our allergy statement at the back of the menu below the deserts.